



**FRESH  
CONNECT**  
BUCKS COUNTY

*recipe*

### INGREDIENTS

1 big red beet (or 2 small beets)  
4 apples  
1 tbsp lemon juice  
1 tbsp honey  
Salt to taste



SERVING SIZE: 4

## Red Beet and Apple Salad

NAME OF DISH

### INSTRUCTIONS

1. Wash the beet or peel it (if you peel the beet it will taste less earthy).
2. Grate the beet and the apples into a large bowl.
3. For the dressing, mix the lemon juice, honey and salt.
4. Pour the dressing over the grated beet and apples, mix well.
5. Serve chilled.

VISIT [BCOC.ORG](http://BCOC.ORG) FOR MORE RECIPES!



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