Rutabaga with Ham Bits

**INGREDIENTS**

- 1 medium rutabaga, peeled, cubed
- 4 -5 cups water
- 1 cup ham, cut small

**INSTRUCTIONS**

1. Peel rutabaga and cut into small cubes. Bring water to a boil. Place rutabaga cubes and ham pieces in a large saucepan.

2. Cover and simmer on low heat for approximately 1 1/2 hours. Do not let water boil out completely -- keep a watchful eye. If preferred, mash with a fork before serving.

Note: The ham will provide enough saltiness as it cooks.

**SERVING SIZE:**

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