

Shara's Wholesome Banana Bread

recipe

NAME OF DISH

INGREDIENTS

4 bananas
1 cup of sugar
2 eggs
1 teaspoon of vanilla
3 tablespoons of milk

1/2 cup of canola oil 2 cups of whole wheat flour

1 teaspoon of baking soda 1 teaspoon of baking powder

1 teaspoon of cinnamon1 cup of chocolate ships

INSTRUCTIONS

Preheat oven to 350 degrees. Grease loaf pan. Mash bananas with sugar. Stir in wet ingredients. Min in dry ingredients. Pour in prepared loaf pan. Bake in oven at 350 degrees for 1 hour.



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SERVING SIZE: 1 loaf



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